

# CHECKLIST: What to pack for HAJJ & UMRRAH

**Stressed out about what to pack for Hajj? We've got your back.**

We've prepared a quick checklist with recommended items.

## Toiletries

- Toothbrush
- Toothpaste
- Towel
- Soap (fragrance-free)
- Nail cutter
- Scissors
- Razors
- Hair Brush
- Fragrance-free shampoo
- Deodorant (fragrance-free, alcohol-free)
- Toilet roll
- Flannel
- Antiseptic wipes
- Antibacterial hand gel
- Shower gel
- Pack of tissues
- Shaving gel
- Trimmer
- Sunscreen
- Sanitary pads

## Clothing

- Ihraam
- Spare ihraam
- Slippers
- Sandals
- Loose clothing (Thobes, Abayas, etc.)
- Underwear
- Socks
- Jumper/hoodie
- Hat or headress (sun protection)
- Sunglasses

## Electronics

- Phone charger
- External battery
- Travel adapter



The Hajj + Umrah Comparison Website

## Medication

- Paracetamol
- Diarolyte
- Ibuprofen
- Loperamide
- Norethisterone
- Lozenges
- Personal/Presc. Medicines

## Food

- Biscuits / dry food
- Crisps
- Energy bars

## Things for days of Hajj only

- Suction hangers
- Bag for stones
- Sleeping mat for Muzdalifah

## Miscellaneous

- Extra luggage bag for gifts
- Saudi riyals
- Umbrella
- Reading glasses
- Spare carrier bags
- Pen / Notepad
- Photocopies of passport
- Meningitis Certificate

## Children

- Reins
- Sunscreen
- Plasters
- Baby carrier
- Push chairs (not allowed in masjid)
- Nappies

## Things for Umrah and Hajj

- String bag for shoes
- Pouch for money/phone
- Water bottle
- Oil or Vaseline
- Du'a books
- Prayer mat
- Notebook of others' du'as
- Mini-fan
- Spray bottle to refill
- Small Mus'haf (Qur'an)
- Wheelchair

**Note: You can buy most of the items whilst in Saudi Arabia at the local supermarkets.**



The Hajj + Umrah Comparison Website